

Allergen Information

(declared allergens as ingredients as per product specifications)

All customers requesting allergen information must be informed of the following disclaimers:

Our products are made in an environment where GLUTEN, NUTS and SESAME and other ALLERGENIC ingredients are used. We therefore cannot guarantee that products served from this store will not contain traces of these allergens.

Although we take great care to avoid cross contamination, our stores have a wide range of products that may contain a variety of the 14 allergens (under Reg (EU) 1169/2011). Due to the layout of our preparation areas we do not have specific allergen free zones and it is therefore not possible to fully guarantee separation of allergens.

Gluten Free Products - only products certified as "Gluten Free" by the manufacturer can be sold as "Gluten Free". If a product is certified Gluten Free this will be noted against the product name with the symbol - ^{GF}

v1.1 09/09/19

Contains the Following Allergen as an Ingredient

Breakfast Platter	Allergen Declaration	Celery	Cereals containing Gluten	Crustacea	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur dioxide
Pain au rasin	Wheat, Egg, Milk, Sulphur Dioxide	No	Yes, Wheat	No	Yes	No	No	Yes	No	No	No	No	No	No	Yes
Danish	Wheat, Egg, Milk, Sulphur Dioxide, Almonds, Hazelnuts	No	Yes, Wheat	No	Yes	No	No	Yes	No	No	Yes	No	No	No	Yes
Almond Croissant	Wheat, Egg, Milk, Sulphur Dioxide, Almonds	No	Yes, Wheat	No	Yes	No	No	Yes	No	No	Yes	No	No	No	Yes
Croissant	Wheat, Egg, Milk	No	Yes, Wheat	No	Yes	No	No	Yes	No	No	No	No	No	No	No
Blueberry Muffin	Wheat, Barley, Egg, Milk	No	Yes, Wheat, Barley	No	Yes	No	No	Yes	No	No	No	No	No	No	No
Chocolate Chip Muffin	Wheat, Egg, Milk, Soya	No	Yes, Wheat	No	Yes	No	No	Yes	No	No	No	No	No	Yes	No
Honey, Greek Yoghurt and granola pots	Oats, Milk, Nuts, Almonds	No	Yes, Oats	No	No	No	No	Yes	No	No	Yes	No	No	No	No
Strawberries, Greek Yoghurt and granola pots	Oats, Milk, Nuts, Almonds	No	Yes, Oats	No	No	No	No	Yes	No	No	Yes	No	No	No	No
Fresh Fruit Salad pot	None declared	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Bacon sandwich w/ butter	Wheat, Barley, Milk, Soya	No	Yes, Wheat, Barley	No	No	No	No	Yes	No	No	No	No	No	Yes	No
Sausage Sandwich w/ butter	Wheat, Barley, Milk, Sulphur Dioxide, Soya	No	Yes, Wheat, Barley	No	No	No	No	Yes	No	No	No	No	No	Yes	Yes
Egg Sandwich w/ butter	Wheat, Barley, Soya, Milk, Egg	No	Yes, Wheat, Barley	No	Yes	No	No	Yes	No	No	No	No	No	Yes	No
Vegetarian Sausage Sandwich w/ butter	Wheat, Barley, Milk, Soya	No	Yes, Wheat, Barley	No	No	No	No	Yes	No	No	No	No	No	Yes	No

Lunch Platters	Allergen Declaration	Contains the Following Allergen as an Ingredient													
		Celery	Cereals containing Gluten	Crustacea	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur dioxide
Mini Muffins	Wheat, Egg, Milk, Soya, Tree nuts	No	Yes, Wheat	No	Yes	No	No	Yes	No	No	Yes	No	No	Yes	No
Kettle Potato Crisps	See ingredient labels for allergens														
Home Made three cheese tartlets	Wheat, Egg, Milk, Mustard	No	Yes, Wheat	No	Yes	No	No	Yes	No	Yes	No	No	No	No	No
Smoked Salmon & cream cheese bagel	Wheat, Barley, Fish, Milk, Soya, Eggs	No	Yes, Wheat, Barley, Oats	No	Yes	Yes, Salmon	No	Yes	No	No	No	No	No	Yes	No
Pork Pie w/ English Mustard	Wheat, Mustard	No	Yes, Wheat	No	No	No	No	No	No	Yes	No	No	No	No	No
Puff Pastries filled with mushroom, salmon, ham and cheese	Celery, Wheat, Egg, Fish, Milk, Soya, Sulphur	Yes	Yes, Wheat	No	Yes	Yes, Salmon	No	Yes	No	No	No	No	No	Yes	Yes
Sticky honey & lemon glazed chicken skewers with sesame seeds	Wheat, Milk, Sesame, Soya, Celery, mustard	Yes	Yes, Wheat	No	No	No	No	Yes	No	Yes	No	No	Yes	Yes	No
Vegetable Pakora	Wheat	No	Yes, Wheat	No	No	No	No	No	No	No	No	No	No	No	No
Vegetable Samosas	Wheat	No	Yes, Wheat	No	No	No	No	No	No	No	No	No	No	No	No
Onion Bhaji	Wheat	No	Yes, Wheat	No	No	No	No	No	No	No	No	No	No	No	No
Sweet chilli and mango chutney dip	Wheat, Egg, Milk	No	Yes, Wheat	No	Yes	No	No	Yes	No	No	No	No	No	No	No
Cheese and Bacon Turnover	Wheat, Milk	No	Yes, Wheat	No	No	No	No	Yes	No	No	No	No	No	No	No
Traybakes - shortbread, flapjack, tiffin	Wheat, Barley, Oats, Milk, Soya	No	Yes, Wheat, Barley, Oats	No	No	No	No	Yes	No	No	No	No	No	Yes	No
Crostini, plus Philpotts fillings	Wheat, Rye, Barley, Eggs plus Sandwich Fillings List	See list	Yes, Wheat, Rye, Barley	See list	Yes	See list	See list	See list	See list	See list	See list	See list	See list	See list	See list
Vegetable Dim sum	Wheat, Sesame, Soya	No	Yes, Wheat	No	No	No	No	No	No	No	No	No	Yes	Yes	No
Vegetable Spring Rolls	Wheat, Soya, Sesame	No	Yes, Wheat	No	No	No	No	No	No	No	No	No	Yes	Yes	No
Chickpea falafel	Wheat	No	Yes, Wheat	No	No	No	No	No	No	No	No	No	No	No	No
Mint yoghurt dip	Egg, Milk	No	No	No	Yes	No	No	Yes	No	No	No	No	No	No	No
Grapes and Strawberries	None declared	No	No	No	No	No	No	No	No	No	No	No	No	No	No

Tapas	Allergen Declaration	Celery	Cereals containing Gluten	Crustacea	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur dioxide
Olives	None declared	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Hourmous	Sesame	No	No	No	No	No	No	No	No	No	No	No	Yes	No	No
Mexican cheese and sundried tomatoes	Milk	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No
Whole Fruit	None declared	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Kettle Potato Crisps	See ingredient labels for allergens														

Meat, Cheese & Salad Platters	Allergen Declaration	Celery	Cereals containing Gluten	Crustacea	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur dioxide
Cheese and biscuits - chutney, celery and grapes	Celery, Wheat, Barley, Rye, Egg, Milk, Sesame	Yes	Yes, Wheat, Rye	No	Yes	No	No	Yes	No	No	No	No	Yes	No	No
Crudites platter - houmous, salsa and cream cheese	Milk, Sesame, Celery	Yes	No	No	No	No	No	Yes	No	No	No	No	Yes	No	No
Mixed leaf salad bowl w/ french dressing	Mustard	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Green pesto and salsa pasta bowl	Wheat, Milk, Nuts (Cashew), Sulphur	No	Yes, Wheat	No	No	No	No	Yes	No	No	Yes, Cashew	No	No	No	Yes
Savoury Rice salad	None declared	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Classic coleslaw	Egg, Mustard	No	No	No	Yes	No	No	No	No	Yes	No	No	No	No	No

Sweet Treats & Drinks	Allergen Declaration	Celery	Cereals containing Gluten	Crustacea	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur dioxide
Mini Cakes	Wheat, Barley Egg, Milk, Soya	No	Yes, Wheat, Barley, Oats	No	Yes	No	No	Yes	No	No	No	No	No	Yes	No
Fresh Scones w/ jam, butter and clotted cream	Wheat, Egg, Milk	No	Yes, Wheat	No	Yes	No	No	Yes	No	No	No	No	No	No	No
Macarons	Barley, Egg, Milk, Nuts, Soya	No	Yes, Barley	No	Yes	No	No	Yes	No	No	Yes	No	No	Yes	No
Bottled water	None declared	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Sparkling water	None declared	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Pure orange juice	None declared	No	No	No	No	No	No	No	No	No	No	No	No	No	No

Sandwiches	Allergen Declaration	Contains the Following Allergen as an Ingredient													
		Celery	Cereals containing Gluten	Crustacea	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur dioxide
Free Range Egg Mayonnaise & Cress	Wheat,Barley, Soya, Egg, Milk, Mustard	No	Yes, Wheat, Barley	No	Yes	No	No	Yes	No	Yes	No	No	Yes	No	
Tuna & Sweetcorn	Wheat, Barley,Fish (Tuna), Milk, Soya, Eggs	No	Yes, Wheat, Barley	No	Yes	Yes, Tuna	No	Yes	No	No	No	No	No	Yes	
Roast Chicken, Stuffing and Mayo	Wheat,Barley Egg, Milk,Soya	No	Yes, Wheat, Barley	No	Yes	No	No	Yes	No	No	No	No	No	Yes	
Three Cheese Savoury	Wheat,Barley Egg, Milk, Mustard, Soya	No	Yes, Wheat, Barley	No	Yes	No	No	Yes	No	Yes	No	No	No	Yes	
Wiltshire Ham, Salad and English Mustard	Wheat, Barley Milk, Mustard,Egg, Soya	No	Yes, Wheat, Barley	No	Yes	No	No	Yes	No	Yes	No	No	No	Yes	
Prawn, Lettuce, Cucumber & Marie Rose Sauce	Wheat,Barley Prawns, Milk, Egg, Soya,Celery,Mustard,Sesame	Yes	Yes, Wheat, Barley	Yes, Prawns	Yes	No	No	Yes	No	Yes	No	No	Yes	Yes	
Chicken, Bacon & Sweetcorn	Wheat,Barley Milk, Mustard, Soya, Egg,	No	Yes, Wheat, Barley	No	Yes	No	No	Yes	No	Yes	No	No	No	Yes	
Fillings ONLY															
Emmenthal Cheese & Salad w/ Autumn Chutney	Milk, Eggs,Sulphur	No	No	No	Yes	No	No	Yes	No	No	No	No	No	Yes	
Free Range Egg & Crispy Bacon	Wheat, Egg, Milk, Mustard	No	Yes Wheat	No	Yes	No	No	Yes	No	Yes	No	No	No	No	
Smoked Salmon, Lettuce, Cucumber	Fish	No	No	No	No	Yes, Salmon	No	No	No	No	No	No	No	No	
Turkey Salad w/ Stuffing, Cranberry & Mayo	Wheat, Egg	No	Yes, Wheat	No	Yes	No	No	No	No	No	No	No	No	No	
Houmous, Carrot, Peppers & Sunflower Seeds	Sesame	No	No	No	No	No	No	No	No	No	No	No	Yes	No	
Avocado & Salad w/ Sweet Chilli Sauce	None declared	No	No	No	No	No	No	No	No	No	No	No	No	No	
Turkey Bacon & Emmenthal Cheese	Egg, Milk, Mustard	No	No	No	Yes	No	No	Yes	No	Yes	No	No	No	No	
Chicken Coronation	Egg, Milk, Mustard,Sulphur	No	No	No	Yes	No	No	Yes	No	Yes	No	No	No	Yes	
Cajun Chicken & Mexican Cheese w/ Salsa	Soya, Egg, Milk	No	No	No	Yes	No	No	Yes	No	No	No	No	No	Yes	
Tortilla Wraps ONLY	Wheat	No	Yes, Wheat	No	No	No	No	No	No	No	No	No	No	No	